Clinical Interventions in Systemic Couple and Family Therapy

The Oxford Handbook of Relationship Science and Couple Interventions explains these common factors in depth and provides hands-on guidance for capitalizing on them in clinical practice and training. User-friendly features include numerous case examples and a reproducible common factors checklist.

Cognitive-Behavioral Therapy with Couples and Families

The Oxford Handbook of Research on the Biological, Psychological, and Interpersonal Causes and Correlates of Couple Dysfunction and Subsequent Treatment Implications. The latest findings regarding empirically supported prevention and treatment interventions for cutting-edge research in relationship science, including couple functioning, relationship education, and couple therapy. The book presents the most current definitions of and classifications for relationship dysfunction and discusses the latest research on relationship science, measurement, and intervention. The latest findings regarding empirically supported prevention and treatment interventions for relationship dysfunction and intimacy development will inform and guide researchers who work in understanding the development of relationships and design interventions to prevent and treat couple disorders and disruptions that are diagnosable, intervening, and tending couple dysfunction.

Helping Couples Get Past the Affair

From leading marital therapists and researchers, this unique book presents a three-stage therapy approach for clinicians working with couples struggling in the aftermath of infidelity. The book provides empirically grounded strategies for helping clients recover from infidelity shock, understand what happened, and help them heal emotionally, physically, and spiritually. The book is loaded with real-life clinical examples and carefully designed exercises for use both during sessions and at home. The book will be invaluable to clinicians who treat couples, including couple and family therapists and counselors, clinical psychologists, pastoral counselors, and psychiatrists. It may also serve as a supplemental text in graduate-level courses.

Common Factors in Couple and Family Therapy

This influential volume provides a comprehensive introduction to emotionally focused therapy (EFT): its theoretical foundations, techniques, and clinical practice. It is a must-read for those interested in relationship therapy and counseling.

Emotionally Focused Therapy for Couples

This practical guide: Demonstrates strategies for therapists to improve practice Identifies methods for reducing the gap between clinical theory and practice Identifies multiple dimensions of systems thinking in case formulation and treatment interventions. The book is richly illustrated with case examples and session transcripts.

EFT is a structured approach to couple therapy that integrates intrapsychic and interpersonal perspectives to help couples create new, more satisfying interactional patterns. Since the original publication of this book, EFT has been implemented and tested with large groups of couples in a wide range of settings. The authors, who originated the approach, elucidate the power of emotional experience in relationships and in the process of interpersonal change. The book is richly illustrated with case examples and session transcripts.

The Oxford Handbook of Relationship Science and Couple Interventions

From a leading expert in cognitive-behavioral therapy and couple and family therapy, this comprehensive guide combines research and clinical wisdom. The authors provide an in-depth exploration of how to intervene when clients struggle with relationship challenges, and the most recent research on cognitive-behavioral approaches for treating relationship problems. The authors also outline key principles for working with couples and families, and provide practical strategies for therapists.

Treat Interventions in Military Personnel, Second Edition

From leading marital therapists and researchers, this unique book presents a three-stage therapy approach for clinicians working with couples struggling in the aftermath of infidelity. The book provides empirically grounded strategies for helping clients recover from infidelity shock, understand what happened, and help them heal emotionally, physically, and spiritually. The book is loaded with real-life clinical examples and carefully designed exercises for use both during sessions and at home. The book will be invaluable to clinicians who treat couples, including couple and family therapists and counselors, clinical psychologists, pastoral counselors, and psychiatrists. It may also serve as a supplemental text in graduate-level courses.

Clinical Handbook of Couple Therapy

From an expert in cognitive-behavioral therapy and couple and family therapy, this comprehensive guide combines research and clinical wisdom. The authors provide an in-depth exploration of how to intervene when clients struggle with relationship challenges, and the most recent research on cognitive-behavioral approaches for treating relationship problems. The authors also outline key principles for working with couples and families, and provide practical strategies for therapists.

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